

## **IMPORTANT INFORMATION FOR 2010 REGISTERED ADVOCATES**

### Hotel Registration

If you haven't done so already, please reserve your hotel room today. The NFXF's deadline for room block is February 8<sup>th</sup>, 2010. After this date the conference rate will no longer be available. To reserve a room at the special NFXF Advocacy Day rate of \$239 plus taxes/fees per night please click here: NFXF 2010 [ADVOCACY CONF HOTEL](#)

**OR** copy and paste the following link into a web browser

<http://www.starwoodmeeting.com/StarGroupsWeb/res?id=0909288649&key=A1416>

Four Points by Sheraton  
1201 K Street NW  
Washington, DC 20005  
Phone: (202) 289-7600

### Air Travel

Registration starts at noon on Tuesday the 2<sup>nd</sup> and Training starts at 1:00. So if you can get an early morning flight to DC you can arrive Tuesday morning, spend 1 night in the hotel and then get a flight out Wednesday at 6:30pm or later. (Meetings are scheduled from 9-5 on Wednesday) Depending on flight availability or your tolerance for rushing from one place to another you may need to spend another night in the hotel.

If you fly into Reagan National Airport (DCA) there is a clean, safe [Metro](#) system connected to the airport that you can take to the Hotel for no more than \$5 each way. DCA is on the Yellow/Blue line. This is also the closest airport to DC (no more than 30-40 minutes away). The Hotel is at 12th and K Streets and the closest Metro stop is Metro Center (see map) However sometimes you can get a less expensive flight by flying into Baltimore/Washington (BWI) or Dulles (DUL) airports. There is good public transportation from BWI (bus takes you to train, train takes you to Metro) (takes longer-need to figure 1.5 hours into town) and same time from Dulles but from there you'd need to take a cab and that would be about \$50-60.

### Advocacy Day Training Audio-Webcasts

We have carefully reviewed the feedback we have received from the Advocacy Day training survey and we have been hard at work to make improvements to the Advocacy Day training experience. As a result, we will be hosting three training sessions prior to advocacy day via audio-webcast for all advocates. Please feel free to participate in all or any of our training sessions. You will need to register (using the individual link below) for each audio-webcast in advance of the session and follow the instructions included in the link(s) below. You must register for each one you want to participate in

February 10<sup>th</sup>: 5:30 pm PDT/8:30 pm

***Advocacy Day & Fragile X 101/102***

What to expect on Advocacy Day, where you need to be and when, how to get around Washington and Capitol Hill, and Fragile X basics you'll need to speak intelligently and answer questions on the topic

[Click Here to listen to the Webinar about the upcoming Advocacy Day](#) (MP3 file)

February 17<sup>th</sup>: 5:30 pm PDT/8:30 pm EDT

***The Ins and Outs of the 2010 Fragile X Advocacy Agenda***

Specifically, what are we asking Congress to do for us this year, what are the different federal agencies involved, and how to put all that together into one understandable presentation to your congressional offices on Advocacy Day

[REGISTER](#)

February 24<sup>th</sup>: 5:30 pm PDT/8:30 pm EDT

***Open Q&A from Veteran Advocacy Day Participants***

Every question is a good question and our panel will answer them all and put you at ease.

[REGISTER](#)

\*\*For those of you who are unable to participate in these audio webcasts, materials and each recorded audio-webcast will be posted on the NFXF website after each session.

PLEASE NOTE: Training in Washington will still take place on Tuesday March 2nd from 1-5pm (see below). These online sessions are not instead of the in-person training, they are in addition to it. Training on Tuesday March 2nd will spend additional time on *what to say and how to say it* with more role playing and demonstrations than in past years.

Advocacy Day Schedule

The advocacy day training session will take place at the Four Points Sheraton. The schedule is as follows:

Tuesday, March 2<sup>nd</sup>, 2010

12 pm - 1 pm Advocacy Day Registration

1 pm - 5 pm Advocacy Day Training Session

6 pm Small Group Dinners (optional)

Wednesday, March 3<sup>rd</sup>, 2010

8 am - 9 am Briefing by Congressman Gregg Harper

9 am - 5 pm Congressional Meetings

What to Wear/Bring

Please don't forget to bring/wear the following:

1. Bring ID suitable for air travel security
2. Attire is business/professional
3. Wear comfortable shoes
4. Bring chewing gum or breath mints
5. Weather appropriate outerwear – gloves, hats, scarves, umbrellas (check the five-day forecast for DC when you pack)

On Wednesday, most people will leave their luggage with the Bellman at the hotel for the day and then swing back to pick it up on their way to the airport.

### Advocacy Day Packets

We will send the advocacy day materials (electronically) to all registered advocates no later than *February 22nd, 2010*.

If you have questions about Advocacy Day, please feel free to contact Jeffrey Cohen ([j.cohen@fragilex.org](mailto:j.cohen@fragilex.org)) and/or Sara Weir ([sara.weir@bakerd.com](mailto:sara.weir@bakerd.com)).

We look forward to seeing you on March 2<sup>nd</sup> and 3<sup>rd</sup>!

Thank you!

Your NFXF Washington Team