

Fragile X Association of Alabama

Issue #1

January 2008

New Year

First let me say sorry for not having any contact for some time. The fall always gets busy, but enough excuses it's a new year.

This year brings another international conference where there will be a lot of information presented on every aspect of fragile x syndrome. There will be plenty of opportunities to meet other families from around the country and the world. The conference is a great place to get to speak with doctors and researchers that are leading the efforts to find better treatments and hopefully a cure.

Our First Event

Thanks to everyone who came to the Awareness Day at the Birmingham Zoo. I hope that everyone had a good time enjoying the animals and meeting the other families. We had 10 families with children attend along with other family members and volunteers.

I would like to thank The ARC of Shelby County for providing the room at the zoo and allowing for the discounted tickets. A special thanks to the volunteers that came out and worked the booth and later helped in the room. The banner we had was donated to our group by 23 Design of Calera, Alabama.

The purpose of the day was to allow the families to meet and I believe in that regard the day was a huge success.

Next Event

Our next event is being planned for February 23 at Leanne and Tim's house in Hoover, AL. This will be a chance just to visit with each other. See the flyer.

We also would like to plan for a standing dinner gathering at a local restaurant on a monthly basis. This would be an open invitation for anyone that could make it out that evening and no R.S.V.P. required. The first dinner will be on March 8th at Top China Buffett in Hoover, AL at 5:30 pm. We can rotate locations and cities as needed.

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Consider Becoming a Member

One of the first things to be done is to form a membership list for the state. Currently we have about 10 families on the list.

Please consider giving the Fragile X Association of Alabama your contact information so that we can keep you informed about events and other news.

I have received several registration forms. If you have not submitted one, please do so that we can contact you directly.

As the group grows we need to consider organizing in a more formal way to help in planning larger events and maintaining the group. If you feel you would like to help please let us know.

Fundraising

My wife and I will be running on a relay team for the Mercedes Marathon Relay and will ask friends and family for sponsorship to help raise money and awareness. This was the race and fund raising opportunity that was mentioned in September Quarterly.

If anyone has any ideas on fundraising activities, I think that everyone will try to find a way to participate.

Calendar of Events

FEBRUARY 23 – HOOVER, AL

Social at Tim and Leanne. See flyer and R.S.V.P. by February 16

FEBRUARY 26-27 – WASHINGTON, D.C.

Advocacy Day. See the foundation website for more details.

FEBRUARY 28 – HOMEWOOD, AL

Early Intervention Conference at Dawson Memorial Baptist Church. 8:00am-4:00pm. Contact Karyn Fred at 1-888-430-7423 for registration or more information.

MARCH 8 – HOOVER, AL

Standing Dinner Gathering. Top China Buffett at 5:30pm

JULY 23-27 –ST.LOUIS, MO

11th International Fragile X Conference. Call or see website for more information.

Membership List

This list will only include those families who have returned this signed release form. This list will be used to keep members informed of events and other news about the Fragile X Association of Alabama.

Please return to:
Fragile X Association of Alabama
2710 Wellington Circle
Pelham, Alabama 35124

Name (s): _____

Address: _____

Phone Numbers

Home (____)- _____

Work (____)- _____

Cell (____)- _____

Cell (____)- _____

Email: _____

Children (you may place an asterisk next to the name if the child is affected)

Name Age

Name Age

Name Age

Name Age

Name Age

I hereby give permission to the Fragile X Association of Alabama to contact me through the information above.

Signature Date



Join Us!

Fragile X Association
of Alabama

At the home of Tim, Leanne, Lindsey, and Justin Rau

For food, fun, and fellowship

Saturday, Feb 23rd

3878 Carisbrooke Drive
Hoover, AL

This is just an informal meeting of families affected by Fragile X. Feel free to bring the whole family or come alone – we look forward to seeing you. Refreshments will be served.

RSVP by Feb 16 to Tim or Leanne (205)978-4230

Or TimandLeanne@gmail.com