

# Brian Raia's Profile

Age 26

## WHO IS BRIAN?

- youngest in family; Jaclyn's brother
- loves to help
- favorite subjects are about the space shuttle and science, enjoys looking up info on the internet
- loves to cook and help out in the kitchen
- likes to take pictures, like his dad

## WHAT ARE BRIAN'S STRENGTHS ?

- has a great sense of humor
- empathetic towards others
- imitates well
- anticipates the needs of others (i.e. brings out the ingredients when cooking)
- reminds others of details (forgotten shopping lists; lights to turn out)
- is very organized
- has a very good memory
- much more willing to try new things with people other than his parents

## WHAT ARE BRIAN'S SUCCESSES?

- successful in work environments, with support, is most happy when he is working
- very organized and motivated in his work habits
- gets along well with employees in job settings
- received two awards for exemplary volunteer work
- learning to be more flexible to change

## WHAT ARE BRIAN'S GREATEST CHALLENGES ?

- inability to communicate clearly, which causes high frustration level
- experiences anxiety at times, which can lead to outbursts
- places that are very crowded or noisy can bother him
- dislikes unexpected change
- reluctant to do things on demand
- has difficulty accepting assistance at times, he likes to be independent
- doesn't like to be singled out

## WHAT SUPPORTS ARE NEEDED FOR BRIAN?

- to observe and learn from 'typical' peers
- to have a circle of friends for support
- to have a routine which is structured, yet flexible, to allow for increased tolerance to change
- those supervising need to be firm with him
- if in a crowded setting, he prefers going on an errand or helping out in some way
- when he is upset, he calms down faster when he isn't noticed or pointed out by others
- increased opportunities to be included in community activities
- availability of breaks when it he needs it\

## OTHER HELPFUL INFORMATION

Brian's learning style is visually oriented, and he learns best through use of incidental learning, using information in ways that are functional, rather than through rote learning (for example, teaching how to add by counting apples in a store as opposed to adding numbers on a page). Brian works best with short breaks in-between tasks and being given choices. When he gets upset, it is best to try and redirect him rather than become adversarial and force compliance. Brian's great sense of humor can be very useful at doing that. Brian has a great desire to be "part of the group" and does not like to be singled out. He needs frequent reminders to go to the bathroom when outside the home.